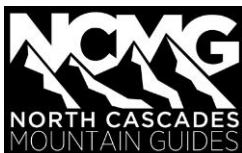


A note about gear lists: Remember, nothing can ruin a day in the outdoors faster than having the wrong clothes for the weather at hand. All our programs, especially backcountry skiing, are subject to rapid and severe changes in the weather. Select garments that are **warm, lightweight and durable**. Generally speaking, the best arrangement is to think in terms of layers – a system that dries quickly, allow flexibility and resists wind, water and abrasion. All of us have different tolerances for heat or cold; for example, you might choose warmer gloves than specified here if you tend to get cold hands. If you have doubts about a specific garment’s appropriateness **confer with your guide in advance** about conditions you are most likely to experience. In many circumstances we have recommended specific products or brand names. There are many comparable products out there: these are only personal favorites. We are more than happy to advise you on equipment if you have questions.

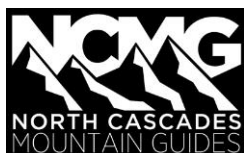
For All Trips/Courses that involve overnight backcountry skiing:

Clothing	Item	Description	Example
	<input type="checkbox"/> Hat (warm)	Wool or Synthetic Ski Hat	Patagonia Beanie Hat
	<input type="checkbox"/> Hat (sun)	Baseball Hat	NCMG Trucker hat
	<input type="checkbox"/> Gloves (light)	For skinning and warmer weather	Black Diamond Arc Glove
	<input type="checkbox"/> Gloves (warm)	For skiing and colder weather	Black Diamond Spark Glove
	<input type="checkbox"/> Socks (ski)	Wool or synthetic; boot-top height	Patagonia ultra lightweight snow socks
	<input type="checkbox"/> Jacket (softshell)	Breathable and water resistant	Patagonia Reconnaissance Jacket
	<input type="checkbox"/> Jacket (insulation)	Synthetic or down insulation	Patagonia Nano-Air Hoody
	<input type="checkbox"/> Long Underwear Top (lightweight)	Lightweight or silkweight synthetic or wool	Patagonia Capilene or Merino
	<input type="checkbox"/> Fleece top (midweight)	Midweight synthetic or wool	Patagonia R1 Hoody
	<input type="checkbox"/> Pants (softshell)	Breathable and water resistant	Patagonia Kniferidge Pants
	<input type="checkbox"/> Long Underwear Bottoms (light)	Lightweight or silkweight synthetic or wool. May not be necessary in the Spring	Patagonia Capilene or Merino
	<input type="checkbox"/> Jacket (waterproof hardshell)	Waterproof Breathable and light as this may live in the bottom of your pack	Patagonia Alpine Houdini or M10 Jackets
	<input type="checkbox"/> Pants (waterproof hardshell)	Waterproof Breathable with full or $\frac{3}{4}$ side zips. Light as this may live in the bottom of your pack	

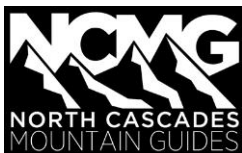
Sk i	Item	Description	Example
---------	------	-------------	---------



<input type="checkbox"/> Skis	<p>Skis – Alpine touring or telemark. Generally >105mm waist width for midwinter conditions and 80-95mm waist width for spring conditions. Rockered construction is highly recommended.</p> <p>Snowboard – For splitboards we recommend going a little longer and setting up your stance for riding deep snow.</p>	<p>Skis – Midwinter: DPS Wailer 112. Spring: DPS Cassier 95 Tour 1.</p>
<input type="checkbox"/> Ski Boots	Appropriate boots for your set up. Boots should have a walk / ski mechanism	Dynafit TLT 6 / Dynafit Khion
<input type="checkbox"/> Poles	<p>Skiers – Adjustable 2-piece poles or 3-piece poles</p> <p>Snowboard – or 3-piece poles</p>	<p>Skiers – Black Diamond Traverse Poles Black Diamond Expedition Ski Poles</p> <p>Snowboard – Black Diamond Carbon Compactor</p>
<input type="checkbox"/> Climbing Skins	Properly trimmed to fit your skis.	Black Diamond Mohair Mix Skins
<input type="checkbox"/> Ski Strap	Rubber ski strap.	Voile ski straps
<input type="checkbox"/> Shovel	Aluminum, NO plastic	Backcountry Access B-2 EXT
<input type="checkbox"/> Transceiver	Less than 5 years old, digital 3 antenna	Backcountry Access Tracker 3
<input type="checkbox"/> Probe	240cm or longer	Backcountry Access Stealth series probes
<input type="checkbox"/> Ski Pack	~30-35 liter capacity with a separate storage area for avalanche rescue tools	Backcountry Access Float 32 (airbag pack) . Patagonia Snowdrifter (non-airbag)
<input type="checkbox"/> Ice Axe	Lightweight and short. 50 cm ideal but no longer than 60 cm.	Black Diamond Venom
<input type="checkbox"/> Harness	With belay loop and gear loops.	Black Diamond Ozone or Aura
<input type="checkbox"/> Belay Device	Belay and Rappel device.	Black Diamond ATC Guide
<input type="checkbox"/> 2 Locking Carabiners	Large pear-shaped carabiners are best.	Black Diamond Magnetron Vaporlock
<input type="checkbox"/> Non-locking Carabiners	Optional. Some people like to bring one or two non-locking carabiners for organization.	Black Diamond OZ
<input type="checkbox"/> Boot Crampons	Must be compatible with your boots	Black Diamond Serac Strap
<input type="checkbox"/> Ski Crampons	Make sure they fit before packing	



Camping/Miscellaneous Gear	Item	Description	Example
	<input type="checkbox"/> Headlamp	Lightweight LED model	Black Diamond Storm
	<input type="checkbox"/> Water Bottles and/or thermos	At least 2 liters of fluid. Collapsible containers are recommended because they take up less space in your pack	MSR Dromlite 2 liter Bag
	<input type="checkbox"/> Sunglasses	UVA & UVB protection. Dark lenses are required.	
	<input type="checkbox"/> Sun Protection	Sunscreen and SPF lip balm	Neutrogena Ultra Sheer 70
	<input type="checkbox"/> Blister Kit	A small amount of moleskin and tape	
	<input type="checkbox"/> Coffee/Hot Drinks	If you are addicted to caffeine, like most of our guides are, make sure you bring more than enough.	Starbucks Via
	<input type="checkbox"/> Dinner and Breakfast	Freeze Dried Dinners and Oatmeal are the standard alpine meals. Cold pizza and Danishes can also work well. Breakfast and dinner will be quick and efficient, so meals with only adding hot water are advised.	
	<input type="checkbox"/> Snack Food	Bring a variety of food with plenty of calories for big days in the mountains. 1,500 to 2,000 calories per day in snack food works for most people.	
	<input type="checkbox"/> Bowl	Collapsible Bowls are preferred because they take up less room in your pack and are easy to clean in the backcountry.	Fozzils Bowlz
	<input type="checkbox"/> Spoon	Lexan camping spoon	
	<input type="checkbox"/> Cup	Optional. If you want to go light skip the cup and drink out of your bowl.	
	<input type="checkbox"/> Toiletries	Toilet paper, a tiny tube of toothpaste, a toothbrush and possibly some earplugs are all you should need.	
	<input type="checkbox"/> Tent	Single Wall or Double Wall. Tents can be shared with team members. Contact your guide to coordinate	Black Diamond Firstlight or Black Diamond Skylight
	<input type="checkbox"/> Sleeping Bag	Typically 15 to 30 degree bag works for most climbs depending on weather and personal sleeping temperature. Down is much more compressible than synthetic.	Mountain Hardwear Phantom 15 or Phantasia 15
	<input type="checkbox"/> Sleeping Pad	Inflatable pads are typically more comfortable and packable. Closed cell pads are more durable and less expensive.	Thermarest NeoAir Xtherm



	<input type="checkbox"/> Stove	Often this can be shared with your guide.	MSR Windburner Stove or Jetboil Flash Stove
	<input type="checkbox"/> Fuel	For canister stoves budget a minimum of 1 oz. per person per day in warm conditions with running water. Double that for colder conditions or for melting snow for drinking water.	
	<input type="checkbox"/> Lighter		
	<input type="checkbox"/> Camera	Optional but recommended	
	<input type="checkbox"/> Garbage Bags (2)	Used for lining sleeping bag stuff sack and pack for wet conditions.	
	<input type="checkbox"/> Tip for Guides	<i>Optional</i> Guides work hard to ensure you have a fun and safe day and a 10-15% tip is a great way to thank them	